

Gardening When It Counts Growing Food In Hard Times Steve Solomon

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(Charles Dowding's 1/4 Acre of Abundance) **This Why You Need
a Victory Garden** Two great new gardening books for spring
*Gardening When It Counts Growing**

"In *Gardening When it Counts*, Steve Solomon prepares the ground
by encouraging us to embrace the organic revolution by growing
more food with fewer imported resources and more ingenuity. He
provides a hands-on account of amendment-centered gardening,
using a wide variety of sources, and exhorts us to save seeds of
kinds and varieties that we like to eat, that do well for us, and that
may be dropped from current commercial seed inventories."

Gardening When It Counts: Growing Food in Hard Times ...

Gardening When It Counts: Growing Food in Hard Times (Mother
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"Gardening When It Counts" helps readers rediscover traditional low-input gardening methods to produce healthy food. Designed for readers with no experience and applicable to most areas in the...

Gardening When It Counts: Growing Food in Hard Times ...

When your garden production is critical you want to grow food that will feed your family both during the growing season and through proper storage and preservation, year-round. Short Growing Season My farm was located on a mountain in Central Vermont so everything I'll tell you is based on the ability to grow in even a very short growing season.

Gardening When It Counts - Part 1, by A.K. Start With Potatoes

Main Gardening When It Counts: Growing Food in Hard Times (Mother Earth News Wiser Living Series) Gardening When It Counts: Growing Food in Hard Times (Mother Earth News Wiser Living Series) Steve Solomon. This is one of the best gardening books I have ever read... although some of the other reviews noted that the author operated with a ...

Gardening When It Counts: Growing Food in Hard Times ...

Quality food, and/or food independence means growing your own. I've been doing Square Foot gardening for a couple of years now, and will again this year, but I'm prepping now to do also ...

Gardening When it Counts - First Steps 2011

Gardening When It Counts: Growing Food in Hard Times by Steve Solomon 17-07-2014, 01:25 PM. I'm re-reading this book. Seems fairly good to me but I'm sort of new at vegetable gardening. I'm especially interested in hearing of any experiences with his recipe for Complete Organic Fertilizer, a.k.a., COF. Any opinions on this book? ...

Gardening When It Counts: Growing Food in Hard Times by ...

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When your garden production is critical you want to grow food that will feed your family both during the growing season and through proper storage and preservation, year-round. **SHORT GROWING SEASON** My farm was located on a mountain in Central Vermont so everything I'll tell you is based on the ability to grow in even a very short growing season.

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gardening when it counts – Growing From Scratch

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“Shows us how to garden like our ancestors gardened . . . with just four basic hand tools, and with little or no electricity or irrigation.”
—Carol Deppe, author of *The Resilient Gardener* In hard times, the

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family can be greatly helped by growing a highly productive food garden, requiring little cash outlay or watering. This book shows that any family with access to 3-5,000 sq. ft. of garden land can halve their food costs using a growing system requiring just the odd bucketful of household wastewater, perhaps two hundred dollars' worth of hand tools. Gardening When It Counts helps readers rediscover traditional low-input gardening methods to produce healthy food. Currently popular intensive vegetable gardening methods are largely inappropriate to the new circumstances we find ourselves in. Crowded raised beds require high inputs of water, fertility and organic matter, and demand large amounts of human time and effort. Prior to the 1970s, North American home food growing used more land with less labor, with wider plant spacing, with less or no irrigation, and all done with sharp hand tools. But these sustainable systems have been largely forgotten. Designed for readers with no experience and applicable to most areas in the English-speaking world except the tropics and hot deserts, Gardening When It Counts is inspiring increasing numbers of North Americans to achieve some measure of backyard food self-sufficiency. "Delightfully informative and abundantly rich with humor and grandfatherly wisdom. A must-read for anyone wanting a feast off the land of their own making." —Elaine Smitha, host of the "Evolving Ideas" cable talk show and author of *If You Make the Rules, How Come You're Not Boss?*

"It is bold, it is courageous, and it challenges many of our preconceptions about food, about soils, about farming, and about health." —Michael Ableman, farmer, author of *Farm the City* To grow produce of the highest nutritional quality, the essential minerals lacking in our soil from intensive agriculture must be replaced. The Intelligent Gardener is the practical, step-by-step guide for any serious gardener who wants to:

- Demystify this process
- Debunk much of the false and misleading information perpetuated by both the conventional and organic agricultural

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movements. Re-mineralize our soil. Accompanied with customizable web-based spreadsheets, this toolkit calls for far more attention to detail than the simple addition of composted manure or NPK fertilizers. It conclusively establishes the link between healthy soil, healthy food, and healthy people. Vegetables, fruits, and grains are a major source of vital nutrients, but centuries of intensive agriculture have depleted our soils to historic lows. As a result, the broccoli you consume today may have less than half the vitamins and minerals that the equivalent serving would have contained a hundred years ago. This is a matter of serious concern, since poor nutrition has been linked to myriad health problems including cancer, heart disease, obesity, high blood pressure, and diabetes. For optimum health we must increase the nutrient density of our foods to the levels enjoyed by previous generations. The Intelligent Gardener goes beyond organic—it offers the essential tools for those who care about the quality of the produce they grow. “It’s hard to imagine this book not having a significant and lasting impact on the way organic farmers and gardeners grow their crops.” —Mark McDonald, West Coast Seeds

Pea pods, cucumbers and strawberries provide plenty of opportunities for counting in the garden! Follow Dad, Grandma and other family members as they pick and count. Hidden numbers on every page give readers an opportunity to search and learn.

Free space for the city gardener might be no more than a cramped patio, balcony, rooftop, windowsill, hanging rafter, dark cabinet, garage, or storage area, but no space is too small or too dark to raise food. With this book as a guide, people living in apartments, condominiums, townhouses, and single-family homes will be able to grow up to 20 percent of their own fresh food using a combination of traditional gardening methods and space-saving techniques such as reflected lighting and container "terracing." Those with access to yards can produce even more. Author R. J.

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Ruppenthal worked on an organic vegetable farm in his youth, but his expertise in urban and indoor gardening has been hard-won through years of trial-and-error experience. In the small city homes where he has lived, often with no more than a balcony, windowsill, and countertop for gardening, Ruppenthal and his family have been able to eat at least some homegrown food 365 days per year.

A new edition of the classic gardening handbook details a simple yet highly effective gardening system, based on a grid of one-foot by one-foot squares, that produces big yields with less space and with less work than with conventional row gardens. Reissue. 30,000 first printing.

The world's leading resource on biointensive, sustainable, high-yield organic gardening is thoroughly updated throughout, with new sections on using 12 percent less water and increasing compost power. Long before it was a trend, *How to Grow More Vegetables* brought backyard ecosystems to life for the home gardener by demonstrating sustainable growing methods for spectacular organic produce on a small but intensive scale. *How to Grow More Vegetables* has become the go-to reference for food growers at every level, whether home gardeners dedicated to nurturing backyard edibles with minimal water in maximum harmony with nature's cycles, or a small-scale commercial producer interested in optimizing soil fertility and increasing plant productivity. In the ninth edition, author John Jeavons has revised and updated each chapter, including new sections on using less water and increasing compost power.

Tiny plants are poised to take over the gardening world. And no category of tiny plants is as welcome and wildly embraceable as tiny edibles. Not only are they cute as a button, but they're tasty and nutritious too! In *Micro Food Gardening*, author and small-space gardening pro Jen McGuinness, introduces you to a world of

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Miniature edible plants and dozens of DIY projects for growing them. Not everyone has room to grow a full-sized tomato plant or a melon vine that takes up more room than your car, but everyone has space for a micro tomato that tops out at the height of a Barbie doll or a dwarf watermelon with vines that won't grow any longer than your leg. From miniature herbs and salad greens to tiny strawberry plants, baby beets, and mini cabbages, you'll quickly discover that micro gardening offers a surprisingly diverse and delicious array of edible opportunities. Plus, with step-by-step instructions for a plethora of DIY micro food gardening projects, you'll be up and growing in no time at all. Whether you micro garden on a high-rise balcony, an itty bitty patio, a front porch container, or even in a basket on the handlebars of your bicycle, there are mini food plants ready to start cranking out fresh produce just a few weeks after planting. Creative projects include: A window box of mini potatoes for a porch, deck, or fire escape railing A mini lettuce table that serves to both grow food and hold your beverage A compact "cake tower" of strawberry plants A wine box spice garden A mini food fountain with herbs, veggies, and edible flowers A small-space omelet garden for cooking up the perfect breakfast Plus, several indoor food-growing projects will have you enjoying homegrown micro veggies year-round, even in cold climates. With advice on plant selection and care, project plans, full color photography, and growing tips, *Micro Food Gardening* is here to show you the joys of growing your own fresh, organic food, no matter where you call home.

Scientist/gardener Carol Deppe combines her passion for organic gardening with newly emerging scientific information from many fields — resilience science, climatology, climate change, ecology, anthropology, paleontology, sustainable agriculture, nutrition, health, and medicine. In the last half of *The Resilient Gardener*,

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Deppe extends and illustrates these principles with detailed information about growing and using five key crops: potatoes, corn, beans, squash, and eggs. In this book you'll learn how to:

- Garden in an era of unpredictable weather and climate change
- Grow, store, and use more of your own staple crops
- Garden efficiently and comfortably (even if you have a bad back)
- Grow, store, and cook different varieties of potatoes and save your own potato seed
- Grow the right varieties of corn to make your own gourmet-quality fast-cooking polenta, cornbread, parched corn, corn cakes, pancakes and even savory corn gravy
- Make whole-grain, corn-based breads and cakes using the author's original gluten-free recipes involving no other grains, artificial binders, or dairy products
- Grow and use popbeans and other grain legumes
- Grow, store, and use summer, winter, and drying squash
- Keep a home laying flock of ducks or chickens; integrate them with your gardening, and grow most of their feed.

The Resilient Gardener is both a conceptual and a hands-on organic gardening book, and is suitable for vegetable gardeners at all levels of experience. Resilience here is broadly conceived and encompasses a full range of problems, from personal hard times such as injuries, family crises, financial problems, health problems, and special dietary needs (gluten intolerance, food allergies, carbohydrate sensitivity, and a need for weight control) to serious regional and global disasters and climate change. It is a supremely optimistic as well as realistic book about how resilient gardeners and their vegetable gardens can flourish even in challenging times and help their communities to survive and thrive through everything that comes their way — from tomorrow through the next thousand years. Organic gardening, vegetable gardening, self-sufficiency, subsistence gardening, gluten-free living.

You're excited to plant your first vegetable garden—but where to start? In *The First-Time Gardener: Growing Vegetables*, you'll find the answers you're looking for. Homesteader Jessica Sowards, the warm and energetic host of YouTube's *Roots and Refuge Farm*, is

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the perfect teacher for new gardeners, offering not just know-how but inspiration and time-management tips for success. Before you sink your hands into the soil, she'll answer all those questions rolling around inside your head: Where do I put my new garden? How do I prepare the soil? What vegetables should I plant? Is it better to start new plants from seed or should I buy transplants? What about watering, feeding, and taking care of my garden? What do I do if bugs show up? There are no stupid questions here. Everyone has to start somewhere, after all. Not only will you learn how to prepare, plant, and tend your first vegetable garden, you'll also learn: How to design an eco-friendly layout How to grow with the seasons How to maximize your harvest, even if you only grow in a small space Jessica wants your first food-growing experience to be a positive one, and she's prepared to go the distance to make sure tending the earth becomes your new favorite hobby. A single growing season is all it takes to fall in love with growing your own healthy, organic, nutrient-dense food. With Jessica as your guide, you'll soon discover all the satisfactions, challenges, and great joys of growing your own food garden. This book is part of The First-Time Gardener's Guides series from Cool Springs Press, which also includes *The First-Time Gardener: Growing Plants and Flowers*. Each book in The First-Time Gardener's Guides series is aimed at beginner gardeners and offers clear, fact-based information that's presented in a friendly and accessible way, including step-by-step instructions and full-color illustrations throughout.

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